

# DEI Resource List

## Compiled By Panelists:

Tasha Edwards, MS  
Eugene Lloyd  
Katrina Pilkington, MS  
Rachael Babiracki

Implicit Association Test Link

<https://implicit.harvard.edu/implicit/takeatest.html>

Link for Books on Emotional Intelligence

<https://upjourney.com/best-books-on-emotional-intelligence>

***Fearing The Black Body*** by Sabrina Strings

***Belly of the Beast*** by Da'Shaun L. Harrison

***What We Don't About When We Talk About Fat*** by Aubrey Gordon

***The Body Is Not An Apology*** by Sonya Renee Taylor

***Bad Fat Black Girl*** by Sesali Bowen

***Where Do We Go From Here*** by Dr. Martin Luther King Jr.

***Hunger*** by Roxanne Gay

***So You Want to Talk About Race*** by Ijeoma Oluo

***Long Time Coming*** by Dr. Michael Eric Dyson

***Heavy*** by Kiese Laymon

***The Wake Up*** by Michelle MiJung Kim

***Inclusion on Purpose*** by Ruchika Tulshyan

***Blindspot*** by Mahzarin R. Banaji

### Podcast:

Putting Racism on The Table (for the Washington Regional Association of Grantmakers)

### Recording:

Weight Bias in the Fitness Industry Roundtable with Self Magazine and the American Council on Exercise (<https://general.acefitness.org/weightbias>)